WELCOME TO OUR

Project Newsletter

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A Project Update

The "Digital Ageing" project aims to bridge the digital divide for elderly individuals less confident with technology. It approaches to fosters inclusivity and improves mental well-being, enhancing quality of life and fostering a more connected society.

The project therefore focuses on keeping older people's skills sharp by developing activities that address four of Howard Gardner's 8 theories of multiple intelligences. The project started with Verbal Intelligence.

In this newsletter you will find:

Latest updates, articles, activities for verbal int. and more. Keep Reading!

How to develop your skills?

THERE ARE 10 ACTIVITIES

Discover 10 engaging activities developed with insights from focus groups including experts, social workers, and elderly individuals. Along with an introductory video, these activities are useful for everyone, whether for personal use or working with elderly people. Choose the activities that best fit your learning style, setting, and goals. Explore and enhance your skills today!

SEE 10 ACTIVITIES

START from here

TEST YOUR LEVEL

How about testing your verbal intelligence before checking out the activities? Get to know yourself in just 15 questions.

GO TO TEST

Further reading

READ ON VERBAL INT.

Would you like to learn more about verbal intelligence? Explore further by visiting these suggested websites:

A COMPREHENSIVE GUIDE

MEANING, CHARACTERISTICS AND ACTIVITIES TO DEVELOP IT

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DIGITAL AGEING
Train your brain