

# TRIP BUDGET PLANNING

## Description

This activity is closely related to real-life tasks. It is about planning budget for a trip.

Participants have to brainstorm ideas what expenses they might have in a trip and plan their budget accordingly.

## Learning Objectives



To perform a daily task that requires certain numerical skills, to better plan money expenditures.

## Materials Required



Sheets of paper and pens

## Time Needed



30 min

## Learning Setting

In pairs

## Practical Tips

This activity can be performed individually, but it is better and more engaging if there is a pair of people planning a trip together and therefore, working out the budget.

## Source

MTB

## Expected Results

- Improved decision-making
- Improved planning skills
- Simple maths operations training
- Seniors to be more efficient when planning budget for other day-to-day tasks, such as buying groceries in a supermarket

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## Step By Step Guidance

1. The moderator says: imagine that you are going to Madrid with your friend (it is better to name cities of the same country, where you are located, because seniors are more familiar with transport options, prices, etc).
2. In pairs, they have to make decisions as to the following items:
  - How are they going to Madrid and how they are going to come back (using which means of transport).
  - How many days are they going to stay in Madrid
  - Where they want to stay (at friend's house, in a hotel, with relatives, etc.)
  - Where they want to eat - at restaurants, at cheaper places, they are going to cook, etc. (What are the apps to use to search for restaurants?)
  - Where do they go: visit theatres, parks, museums, etc.
  - If there is anything else in the trip that needs budget and has not been taken into account.
3. They have to calculate approximate budget for each item, then add, and come up with an approximate budget for the trip.
4. Each pair will share their ideas with the group.